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University
of Brasov

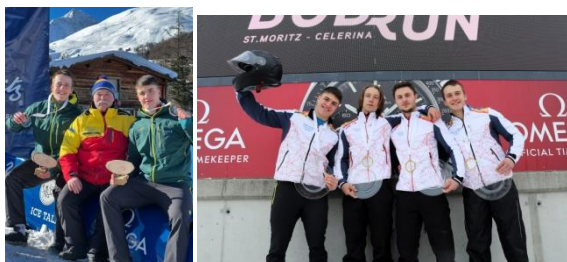
NEWSLETTER

No. 142 February 2024

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THE FEFSM STUDENTS' OUTSTANDING WINTER SPORTS PERFORMANCES

Two champions in winter sports, Andrei-Robert Nica and Constantin Sebastian Motzca, have achieved outstanding results in their sports activities.

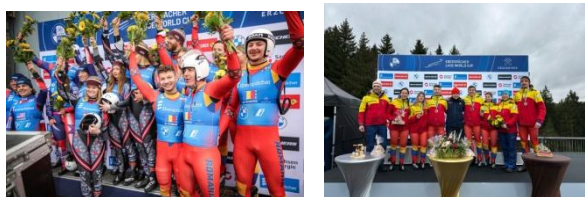


Andrei-Robert Nica is a student at FEFSM, part-time form of education, pilot in the national bobsleigh team; and in this competitive season, together with his team consisting of Cezar Popescu (head coach - FEFSM graduate), Ion Duminicel (second coach) and the pushers, Alexandru Oleinic, Rareș Dincă and Theodor Asurdoaie, he succeeded in achieving exceptional results at the world and European junior championships in the events of bobsleigh two and four persons, respectively. They include:

- 3rd place at the European U23 two-person Bobsleigh Championship of Altenberg – Germany;
- 3rd place at the European U23 four-person Bobsleigh Championship of Innsbruck – Austria;
- 3rd place at the World U23 two-person Bobsleigh Championship of St. Moritz – Switzerland;
- 1st place at the World U23 four-person Bobsleigh Championship of St. Moritz – Switzerland.



Constantin Sebastian Motzca is a UNITBV student at the FEFSM, simultaneously attending the study programmes of Sports and Motor Performance and of Kinetic Therapy and Special Motricity. He is also a performance athlete, member of the national senior luge team.



Constantin Sebastian Motzca confessed: "I dare say, as a student and performance athlete, I have the advantage of being able to deepen and develop my both theoretical and practical knowledge in the field

of interest. I would like to thank the professors and colleagues who understand me, support me, and encourage me to continue my activity. However, to capitalize on this advantage, I must manage my available time as efficiently as possible. To achieve my established objectives, both academically and professionally, I need to find an optimal balance."

The 2023-2024 competition season was a real success, as he achieved many top rankings at international competitions, the most important of which are:

- 3rd place at the Senior World Cup stage, team event (Altenberg - Germany);
- 5th place at the Senior World Championship, U23 category, men's doubles, of Altenberg – Germany;
- 5th place at the Senior European Championship, U23 category, men's doubles, of Innsbruck – Austria;
- 6th place at the Senior European Championship, team event, of Innsbruck – Austria;
- 4th place at the Nations Cup stage (seniors), men's doubles, of Altenberg – Germany;
- 9th place at the Senior European Championship, team event, of Innsbruck – Austria;
- 7th place at the senior World Cup stage, team event, of Innsbruck – Austria.

Speaking about his professional career, Constantin Sebastian Motzca expressed his gratitude to: "the ones who made it possible for me to achieve these results. I would like to thank my family, coaches, colleagues, friends and everyone else who have supported me and believe in me. I thank Sinaia Town Sports Club, the Romanian Bobsleigh and Luge Federation, the National Youth Olympic Committee, FEFSM within Transilvania University of Braşov."

Sebastian Motzca stated: "Being simultaneously a performance athlete and a student is an experience that involves a series of trials combined with sacrifices followed by great personal satisfaction. To anyone who wants to follow this path, I wish them the best of luck and to never give up on their dreams."

Andrei-Robert NICA, student
Constantin-Sebastian MOTZCA, student
Faculty of Physical Education and Mountain Sports

THE COURSE IN ULTRASOUND-GUIDED TRANSPERINEAL PROSTATIC BIOPSY PUNCTURE AND MRI FUSION AT ITS THIRD EDITION

From 25 to 26 January 2024, under the coordination of Prof. Dr. MD. Ioan Scârneciu and with the help of the staff within the Clinical Urology Department under Braşov County Emergency Clinical Hospital and Transilvania University of Braşov, the 3rd edition of the course in ultrasound-guided transperineal prostate biopsy puncture and MRI fusion took place.



The experience of the Braşov Urology Clinic in performing transperineal prostatic biopsy punctures under ultrasound guidance with local anaesthesia has been disseminated in various centres of the country through these annual workshops, thus contributing to the development of urology all over Romania.



This effort has materialized in the fact that all the trainees so far, specialist and primary physicians, urologists from various Romanian medical units, have acquired the necessary skills to perform this procedure, with some of them implementing it in the hospitals where they conduct their activity

The Clinical Urology Department under Braşov County Emergency Clinical Hospital is in a continuous process of development, implementation and dissemination of the diagnostic and treatment techniques for pathologies in the urological field; and this course originates in the desire to support urologists in acquiring advanced theoretical knowledge and practical skills for performing this procedure.

This procedure has been the standard in the diagnosis of prostate cancer in our clinic since 2015, with more than 2,000 such procedures performed during this period.

The guidelines of the European Association of Urology (EAU) recommend the use of the first-line ultrasound-guided transperineal biopsy over the transrectal prostatic biopsy puncture.



Thus, the vast accumulated experience allows us to organize annual training courses for the urologists in the country in order to disseminate this procedure in all clinics involved in the diagnosis and treatment of prostate cancer.

Prof. Dr. MD Ioan SCÂRNECIU
Faculty of Medicine

THE *INTHRACE* PROJECT: COMMUNITY DEVELOPMENT THROUGH INTANGIBLE HERITAGE

We are glad to announce the launch of a new exciting initiative within our university, the Erasmus+ *InThrace* project, KA220-HED-2023/ 2023-1-RO01-KA220-HED-00015.



InThrace means “Civic engagement, integration and better management of the national intangible heritage to raise awareness of European common values - EU context, perspectives and active citizenship”. This collective effort aims to develop and improve academic skills in the academic environment regarding the interpretation, conservation, integration and sustainable management of the intangible national heritage in urban and suburban spaces.

The InThrace project builds on the interest in stimulating civic engagement, promoting awareness of the national and European identity, and facilitating a deeper understanding of EU’s common values and principles and of the concept of a common future. By capitalizing on the rich intangible cultural heritage, we seek to strengthen communities and to cultivate a sense of belonging and pride in the collective European heritage. The project brings together valuable partners from across Europe, including:

- University of Warsaw, Poland (Uniwersytet Warszawski), renowned for its academic excellence and commitment to cultural preservation.
- University of Western Attica, Greece (Panepistimio Dytikis Attikis), a prestigious institution, dedicated to promoting interdisciplinary collaboration and social cohesion.
- University of Zagreb, Croatia (Sveučilište U Zagrebu), a centre for research and innovation in the field of cultural heritage and community development.
- University of the Azores, Portugal (Universidade Dos Açores), known for its commitment to environmental sustainability and cultural diversity.

- Pax Rhodopica Foundation, Bulgaria, a non-profit organization committed to promoting sustainable development at regional, national and European level.



Together, these partners bring vast expertise, diverse perspectives and a shared commitment to furthering the goals of the *InThrace* project.

Throughout the project, UNITBV, in its capacity as a coordinator, will play a key role in organizing efforts, facilitating the exchange of knowledge, and promoting innovative approaches to the management of the intangible heritage. Through collaborative research, community engagement initiatives and activities meant to consolidate academic skills, we aim to create a tangible impact that resonates both locally and at the European level. We invite you to join our endeavour and participate in the actions of this project. There will be countless opportunities to get involved, contribute your expertise, and help shape the future of intangible cultural heritage preservation and civic engagement.

In the coming months and years, we’ll come back with updates, insights and success stories related to the *InThrace* project. More information will be available soon at the address www.inthrace.unitbv.ro.

Assoc. Prof. Dr. Arabela BRICIU,
Project manager on behalf of UNITBV
Faculty of Sociology and Communication

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RELIGITOUR: PROMOTION OF RELIGIOUS TOURISM AND ITS INTEGRATION IN THE URBAN HERITAGE

We have the pleasure to announce the participation of our university in a new interesting Erasmus+ project: ReligiTour. Entitled "Enhancement of the competences and possibilities for religious tourism development and for better integration and management of religious sites in the urban environment", ReligiTour aims to capitalize on the academic competences of the universities in promoting the development of religious tourism and in stimulating civic engagement regarding religious heritage in the urban environment.

The essence of ReligiTour lies in a collective pursuit to promote awareness and understanding of the European Union's intrinsic fundamental principles and values, alongside the concept of a unified future. Through the strategic use of the varied and complex whole of the religious heritage, the initiative seeks to provide our communities with an in-depth cultural experience, thereby enhancing the collective recognition and appreciation of the common European identity.

Coordinated by the University of Warsaw, Poland (Uniwersytet Warszawski), ReligiTour brings together a miscellaneous consortium of partners from all over Europe: Transilvania University of Braşov, Romania; Universidad de Salamanca, Spain; Instituto

Politecnico Da Guarda, Portugal; Panepistimo Dytikis Attikis, Greece; Fundacja Rozwoju Aktywności Międzynarodowej i Edukacyjnej FRAME, Poland; Prism Impresa Sociale S.R.L., Italy; Pax Rhodopica Foundation, Bulgaria and Fondazione di Partecipazione Parco Culturale Ecclesiale "Terre del Capo di Leuca De Finibus Terrae", Italy.

Together, these partners bring diverse expertise and a shared commitment to furthering the goals of the ReligiTour project.

As a partner in this project, UNITBV will play an essential role in stimulating the development of knowledge, encouraging the exchange of experiences, and implementing innovative strategies to promote religious tourism and to integrate religious sites into the urban environment. Through collaborative efforts, skills development activities and community engagement initiatives, we aim to create a lasting impact that benefits both local communities and the European society at large.

Assoc. Prof. Dr. Arabela BRICIU,
Project manager on behalf of UNITBV
Faculty of Sociology and Communication

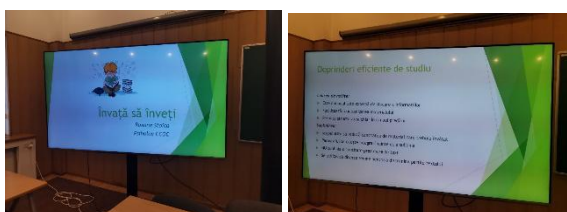
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BY OUR STUDENTS' SIDE IN THE EXAM SESSION AS WELL

LEARN HOW TO LEARN AT CCOC

A constant pursuit of the Career Counselling and Guidance Centre (CCOC) is to come as close as possible to the students' needs. As is our custom, close to the exam session, we devote time and attention to conducting a workshop aimed at the students' core activity: learning.



We are reaching out to all students in the UNITBV community, but especially to first-year students who are encountering this exam session experience for the first time. We know that the process of adapting to the academic environment for the first-year students is more difficult, spanning over a longer period of time, and strewn with various challenges. On top of all this, there is also a considerable amount of anxiety. The volume of information they have to acquire now, as students, is much denser and more diverse, the professors' expectations are perhaps much more sophisticated, and the actual learning process now requires specific techniques and methods.

As mentioned above, learning how to learn is one of the basic skills required among students, and the objective of the workshop was to facilitate the acquisition or refinement of knowledge about what this process entails, the skills necessary to carry it out, along with the exploration of the desirable attitudes towards learning. And that's because learning how to learn involves designing and organizing your own learning, managing (individual or group) learning resources, monitoring your own progress, and self-assessing your learning.

Here are a few aspects that we highlighted during the workshop:

- Learning styles. Each student had the opportunity to discover his own learning style. In order to foster learning efficiency, each style was analysed separately, along with the most suitable methods. All students use multiple learning styles, but one of them is dominant. If they become aware of

their dominant learning style, then they will be able to identify strengths in learning activities, and this will lead to higher academic performance.

- Effective learning skills. Particular attention was paid to the techniques used in note-taking, monitoring text comprehension and the control of learning.
- Efficient reading techniques. Three techniques with proven efficiency were presented and discussed: SINELG technique, RICAR technique, 5x4 technique.
- The use of time dedicated to learning, trips and tricks, motivation for study, learning conditions and feedback were other aspects that gave a round shape to the whole activity.



Learning is a continuous and personalized process, sometimes denser, at other times more challenging, but never too easy or simple. Besides the aspects directly related to learning, we also intended to transmit them the idea that it is important to have a balance between learning and rest. Unfortunately, as stated by the participating students, during the exam session they spend too little time on rest and sleep. The workshop was attended by 29 students, most of them in the first year, and the feedback received from them encourages us to continue these activities. The schedule of all events that we hold at CCOC is displayed on the website of the centre:

www.consiliere.unitbv.ro.

Roxana STOICA
Psy. drd. within CCOC
Oana Alina BOTA
Coordinator of CCOC

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A FEAST OF ROMANIAN MUSIC

On 26 January 2024, in order to celebrate the Little Union, "Intermezzo" piano quintet of the Faculty of Music prepared for the audience in the Multicultural Centre within Transilvania University of Braşov, an exceptional recital that featured only music pieces by Romanian composers in its repertoire.



The structure of the quintet is original, bringing together on the same stage professors and students who have collaborated to present a 100% Romanian programme. Out of the desire to discover together as many music pieces of the Romanian repertoire as possible and to combine the academic teaching personnel's experience with the effervescence and vitality of the students' youthfulness, the quintet was established in November 2023 and has the following structure:

Assoc. Prof. Dr. Alina Nauncef – first violin;
Alexandru Nauncef – second violin (1st-year student – Faculty of Music);
Andreea Tofănel – viola (2nd-year graduate student – Faculty of Music);
George Stroe – bass clarinet (1st-year graduate student – Faculty of Music);
Assoc. Prof. Dr. Anca Preda – piano.

The large audience could listen the renowned Romanian composers' well-known music pieces: "Ballad" by Ciprian Porumbescu, "Nocturne" by George Enescu, "Sicilian" by Constantin Nottara, "Serenade" by Mircea Chiriac – which stood out for their expressiveness, melancholy, deep Romanian touch, as well as the effervescent suites from Transylvania and from Muntenia and Oltenia composed by Nicușor Silaghi – which present in a stylized manner well-known Romanian popular themes from Transylvania, Muntenia and Oltenia.

Alexandru NAUNCEF
1st-year student – study programme of
Instrumental Music Performance (taught in English)
Faculty of Music

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LAUNCH A SYMBOLISTIC POETRY BOOK



On 17 January 2024, "Sergiu T. Chiriacescu" Conference Centre within Transilvania University of Brașov hosted the launch of *Divinum Mysterium*, the book of symbolistic poetry authored by Prof. Dr. Tiberiu Foriș, Director of the Department of Management and Economic Informatics under the Faculty of Economic Sciences and Business Administration (FSEAA), Transilvania University of Brașov.



This book appeared because of his interest in symbols and their influence on our existence. Numbers, Divinity, Light, Energy, Elements of Nature, Time, Love, Soul – they all line up in verses throughout the 33 poems, a symbolic

number as well – Jesus' age. The verses that express feelings and that rhapsodise, as poetry should do – through and about feelings, were illustrated in a unique, masterful way, by Maestro Claudiu Spasici.

The title-giving poem, having 102 stanzas, presents the symbolism of numbers, passing through the beliefs in the Creator and the pre-Christian ones, through history and mythology. It is the author's "Morning Star", through a dialogue over time with the absolute Romanian, Eminescu.

The reviewers of this poetry volume were Prof. Dr. Maria Popescu and Prof. Dr. Radu Iovănaș. The book was presented by Irinel Merlușcă, the Director of *Creator* Publishing House, Mircea Brenciu - on behalf of the Writers' Union, Lect. Dr. Cristina Nicolau - on behalf of Transilvania University of Brașov; and the

verses were recited by the actress Dorina Roman and the actor Mihai Giurițan.



The musical background was offered by Marius Dragomir, with whom the author is working on a future album of music and poetry, and by Giuri Meزابrowschi, who created the music videos with the author's lyrics.



More than 250 people from the academic community, businessmen, politicians and cultural figures of Brașov, representatives of the local and national media participated in the event. The book reached the libraries of poetry lovers in the country, but also in the communities of Romanians all over the world.

Finally, the author expressed his intention to organize a new book launch on the occasion of Romania's National Day in 2024.

Prof. Dr. Ioana Bianca CHIȚU
Faculty of Economic Sciences and Business
Administration

BRÂNCUȘI AFTER/OVER/WITHOUT BRÂNCUȘI



14.12.2023-20.01.2024 / Centrul Multicultural
al Universității Transilvania din Brașov
vernisaaj 14.12.2023 / ora 19 / Participă:
Dan Perjovschi - artist/curator,
Ovidiu Șandor - președinte Art Encounters,
George Roșu - artist/fondator galeria RAFT,
Adrian Lăcătuș - director Centrul Multicultural al UNITBV

Between 14 December 2023 and 9 February 2024, the exhibition *Brâncuși after/over/without Brâncuși* created by the artist and curator Dan Perjovschi could be visited at the Multicultural Centre. Starting from the way in which Brâncuși is represented in contemporary popular imagination, Dan Perjovschi presented to the public a series of his own artistic works and installations, a collection of images relevant to the chosen theme, mainly taken from the online environment, but also a few books dedicated to the sculptor and objects inspired by his creation.



Trying to explain the mechanisms behind this project, Dan Perjovschi confesses: "I don't know how it all started.... Maybe when in Beijing, in 2010, in the block of flats where I was living, I came across an artesian fountain with palm trees, as well as six kisses by Brâncuși. In stone. Carved with great accuracy. Or maybe from Roxana Marcoci, the

curator of Romanian origin, at MoMA New York, who in the 2000s was studying Brâncuși's influence over the new generation of American sculptors... who knows?

What's certain is that I found myself making, collecting and receiving images either directly from friends or taken from the Internet with Brâncuși's enormous influence over the contemporary world. On the world of the elite, the world of people, in fashion, design, architecture, on the market, the yard around the block of flats, and more."

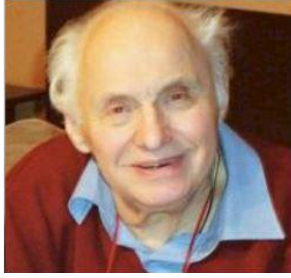


The opening took place on 14 December 2023, and the artist and the curator of the exhibition were joined by Ovidiu Șandor (president of Art Encounters), George Roșu (artist/founder of RAFT gallery) and Adrian Lăcătuș (Director of the Multicultural Centre) who took the floor and spoke about Brâncuși's creation. During the event, *The Horizontal Newspaper. A School of Text and Image* ("Curtea Veche" Publishing) was launched – a collection of 70 cards that bear witness to Dan Perjovschi's artistic activity in the Romanian public space over the last five years.

Anca PAPANA
Multicultural Centre
Transilvania University of Brașov

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IN MEMORIAM - PROF. DR. ENG. AUREL IOAN GOIA (1934 – 2016)



Born on 27 October 1934 in Cluj, he moved with his family to Braşov where, from 1948 to 1952, he attended "Andrei Şaguna" High School. Between 1952 and 1957, he attended the Faculty of Mechanics within the Polytechnic Institute of Braşov, which he graduated from in 1957. He was assigned as a design engineer at IAR Ghimbav (which was bearing the name of URMV3 at that time) where he worked for five years; after which he filled, through a competition, the position of Assistant Professor at the Polytechnic Institute of Braşov. He went through all the stages of the academic teaching career and eventually, in 1990, he became a Professor.

He received his doctoral degree at the Polytechnic Institute of Bucharest, in 1970, under Prof. C. C. Teodorescu's supervision.

He was a devoted servant of Transilvania University of Braşov, conducting in various forms his activity within the university for a period of 54 years, being a professor and doctoral supervisor to many of the current teaching personnel.

He taught the courses of Strength of Materials, Fatigue of Materials, Fracture Mechanics, Aircraft Calculation and Construction, Elasticity and Plasticity,

and Stability of Structures. He supervised 11 doctoral students who obtained the title of Doctor of Science in the field of Mechanical Engineering.

During this long activity he wrote courses, collections of problems and monographs, among which it is worth mentioning: "Strength of Materials", "Composite Materials", "Strength of Materials Special Chapters", "Deformations of Structures" and "Mechanics of Materials", as well as 210 articles published in journals and at conferences in England, Austria, Belgium, Czech Republic, China, Korea, Denmark, Germany, Greece, Italy, Japan, Moldova, Poland, Portugal, Romania, Russia, Slovakia, Spain and USA.

Professor Ioan Goia's scientific activity was appreciated, since he became an honorary member of the Technical Sciences Academy of Romania, and he received the AGIR award in 2001, as well as *Traian Vuia* Award of the Romanian Academy for the book "Mechanics of Materials" in 2013.

He was deputy Head of the Chair of *Strength of Materials* in the periods 1976-1980 and 1990-1994. He was a member in several scientific organizations, such as: AGIR, ARTENS, ARMR, SMRTA, and Romania's representative at section 15 of IMEKO.

Lecturer Dr. Janos TIMAR
Faculty of Mechanical Engineering
Photo source: www.agir.ro

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