

# Transilvania University of Braşov, Romania

## Study program: Kinetic –Therapy and Special Motricity

Faculty: Physical Education and Mountain Sports  
 Study period: 3 years (bachelor);  
 Academic year structure: 2 semesters (14 weeks per semester)  
 Examination sessions (two): winter session (January/February)  
 summer session (June/July)

Courses per years (C= course; S = seminar; L = laboratory; P = project)

### 1<sup>st</sup> Year

No. Crt.	Course	Code	1 <sup>st</sup> Semester					2 <sup>nd</sup> Semester				
			C	S	L	P	Cred	C	S	L	P	Cred
01	Anatomy and biomechanics	Anat01	2	1	-	-	3					
02	Kinesiology	Kines01	2	1	-	-	3					
03	Practical application in mountainous environment	Spschio1	-	-	3	-	3					
04	Psych pedagogy	Phys01	1	1	-	-	2					
05	English	LE01/02	1	1	-	-	2	1	1	-	-	2
	Spanish	LS01/02										
06	General foundations of athletics	PatI01	2	-	2	-	5					
07	Academic writing	Sac01	1	-	-	-	1					
08	The scientific basis of the handball game	Fhdb01	2	-	2	-	5					
09	The scientific basis of the football game	Ffotb01	2	-	2	-	5					
10	Semiology	Sem01	1	1	-	-	2					
11	Basic gymnastics	Gimn.02						2	-	2	-	5
12	Initiation practice in swimming	Inot02						-	-	3	-	2
13	Physiology	Fiz02						2	1	-	-	3
14	Health education and first aid	ESan02						2	-	2	-	5
15	The scientific basis of the basket game	Bas02						2	-	2	-	5
16	The scientific basis of the volley game	Vol02						2	-	2	-	5
17	Secondary and tertiary kinetic prophylaxis	Kprof02						2	1	-	-	3

### 2<sup>nd</sup> Year

No. crt.	Course	Code	3 <sup>rd</sup> Semester					4 <sup>th</sup> Semester				
			C	S	L	P	Cred	C	S	L	P	Cred
01	Scientific research methods	MCŞ03	1	1	-	-	3					
02	The theory of physical education and sport	TMEFS03	2	1	-	-	3					
03	Theory and practice in swimming and hydro-kinesitherapy	TPHid03	2	2	1	-	7					
04	General bases of kinesitherapy	BGK03	2	2	-	-	5					
05	Communication in PE / Ethics and professional deontology	CPE/E03	1	2	-	-	3					

06	Internship in special education centers	Stag03	-	-	-	3	3						
07	Software specializing in recovery and social care centers	Soft03	1	-	1	-	2						
08	Equipment, apparatuses and installations used in kinesitherapy / Equipments and devices for determination of exercise capacity	EAI03/Eap03	1	-	1	-	2						
09	English language Spanish language	LbE03/LbS04	1	1	-	-	2	1	1	-			2
10	Elements of physiotherapy	EFiz04						2	1	-	-		3
11	Measurement and evaluation in kinetotherapy	MEv04						2	-	2	-		5
12	Physical therapy in rheumatology	KReum04						2	2	-	-		5
13	Physical therapy in physical deficiencies	KDF04						2	2	-	-		5
14	Massage and complementary techniques	Mas05						2	2	2	-		7
15	Internship in special education units	Stag04						-	-	-	4		3

### 3<sup>rd</sup> Year

No. crt.	Course	Code	5 <sup>th</sup> Semester					6 <sup>th</sup> Semester					
			C	S	L	P	Cred	C	S	L	P	Cred	
01	Physical therapy in orthopedic diseases - trauma applications in sports	Kortp05	1	2	-	-	4						
02	Physical therapy in pediatrics	Kped05	1	2	-	-	4						
03	Physical therapy in diseases of cardiorespiratory	Kresp05	1	2	-	-	4						
04	Electrotherapy / Sensory-motor therapy	El/Tsm05	1	-	2	-	3						
05	Ludo therapy / adapted motor activities	Ld/AMA05	1	-	2	-	3						
06	Aqua gym / Prevention and recovery in competitive sports therapist	Aq/PrReK05	1	-	2	-	3						
07	Internship in social assistance centers	Stag05	-	-	-	4	4						
08	Traineeship and development of the dissertation	ELL05	-	-	-	5	5						
09	Kinesitherapy in neurological disorders	KNeu06						1	2	-	-		3
10	Patient handling techniques	TMB06						1		2	2		6
11	Physical Therapy in geriatrics	KGG06						1	2	-	-		3
12	Methods and techniques of motor reeducation	MTehRN06						1	2	-	-		3
13	Management and Marketing in Physical Therapy	MMk06						2	1	-	-		3
14	Methods and Techniques of Muscle Toning / Aerobic Step	MThTM/SAer 06						2	-	2	-		5
15	Occupational Therapy	Toc06						2	-	2	2		7