

EXPERIENCE



Luiza Spiru

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Nationality: Romanian

Languages: English,
French, Romanian

**FULL PROFESSOR OF GERIATRICS,
GERONTOLOGY AND OLD AGE PSYCHIATRY,
CAROL DAVILA UNIVERSITY OF MEDICINE
AND PHARMACY**

Bucharest, Romania — 2013-present

Main activities and responsibilities

- Teach theoretical courses and lead practical clinical activities for students and resident physicians
- Develop, elaborate and continuously update the specific Curricula and Syllabus in Geriatrics Gerontology and Old Age Psychiatry 1997-2001, implemented at National academic level
- Develop, elaborate the curricula and Syllabus for the first national College of Nursing in Geriatrics –Gerontology and Social Care 1999- 2001 (implemented at Carol Davila UMF)
- Develop, elaborate and implement the Syllabus and Curricula in Palliative Medicine – 2017-2020 for Carol Davila University of Medicine and Pharmacy (EduPall European Consortium – for the under and postgraduate level)
- Elaborate and coordinate the implementation of projects for higher level (postgraduate) education
- Produce the documents related to the student's evaluation and examination
- Chair, president, member of the Examination Committees for students, MD's and for post-graduates receiving the title of Specialists in Geriatrics, Gerontology, Internal Medicine, Rehabilitation, Neurology, Psychiatry, Family Medicine.



**Luiza
Spiru**

**PRESIDENT,
ANA ASLAN INTERNATIONAL FOUNDATION**

Bucharest, Romania — 2013 - present

Main activities and responsibilities

- Assume Leadership, Strategic Development and Entrepreneurial roles aiming to secure the growth and development of the organization
- Project Leader for the organization in the R&D European funded projects where AAIF participates as a consortium member
- Teach personally and further coordinate the other team's members teaching activities within large educational projects
- Coordinate the medico-social programs for elders and people with physical/psychic disabilities; the scientific research; the clinical trials and the scientific publications editorial activities in the field of Brain Aging (e.g. neurocognitive disorders, prevention of Alzheimer's Disease)
- Head the “Excellence Centre for Diagnostic and Treatment of Neurodegenerative Diseases and Longevity Medicine (Memory Clinic for Outpatients)” – created in 2003 under the auspices of AAIF
- Provide specialized, innovative health care services within the outpatient Memory Clinic
- Organize and Chair annually National Medical Conferences with International Participation on Stress Medicine (Stress Congress - www.stresscongress.org), since 2018

EDUCATION AND TRAINING

Dates Oct 2013

Type of qualifications awarded	Certificate of participation in the International Seminar on Stress Medicine
Principal subjects / occupations covered	Stress Medicine (Stress and Aging, Neurobiology of Stress, Burnout, Stress Anxiety and Depression)
Name and type of organization providing education and training	The DIU (Dresden International University), Dresden, Germany

Dates 2009

Type of qualifications awarded	Certificate of Graduation
Principal subjects / occupations covered	Competence in Regressive Hypnosis Therapy
Name and type of organization providing education and training	The Weiss Institute, Miami, Florida

Dates 2004-2005

Type of qualifications awarded	Certificate of Graduation in Effective Personality Productivity Program
Principal subjects / occupations covered	Personality Productivity, Leadership, Effectiveness Communication
Name and type of organization providing education and training	Leadership Management International, Waco, Texas

Dates 2003-2004

Type of qualifications awarded	MSc
Principal subjects / occupations covered	International Relations and European Studies
Name and type of organization providing education and training	National College of Security and Defense

Dates 2002-2003

Type of qualifications awarded	MSc
Principal subjects / occupations covered	Health Care Services Management Course
Name and type of organization providing education and training	National Centre of Professional Training for Postgraduate Doctors and Pharmacists

Dates 2003

Type of qualifications awarded	Certificate of Specialization (3rd Specialty) in Old Age Psychiatry
Principal subjects / occupations covered	National validation of the Psychogeriatric competencies acquired during the specialized training taken at the Toussaint Center 1998-1999
Name and type of organization providing education and training	National Centre of Professional Training for Postgraduate Doctors and Pharmacists

	<i>Dates</i> 1998-1999
TITLE of qualifications awarded	Medical specialization in Old Age Psychiatry
Principal subjects / occupations covered	Internationally Professor Postdoctoral fellowship in the Diagnosis of Memory Diseases, through the Tempus-Phare Romger S-JEP 1250 Interga Programme
Name and type of organ sat on providing education and training	CHU Toulouse-France, University Department of Geriatrics and Internal Medicine (1999) , under the guidance of Prof. Bruno Veas (Chair of Toulouse Gérontopôle and Chief of Department of Internal Medicine and Geriatrics)
	<i>Dates</i> 1998 (<i>started in 1995</i>)
TITLE of qualifications awarded	Certificate for the 2nd specialization in Geriatrics-Gerontology
Principal subjects / occupations covered	Nursing and Internation Specialization in Geriatrics-Gerontology
Name and type of organ sat on providing education and training	Karolinska Institutet Sweden, Department of Neurobiology, Care Sciences and Society , under the guidance of Prof. Bengt Winblad "Carol Davila" University of Medicine and Pharmacy , 37 Domnești Lupu Street, Bucharest
	<i>Dates</i> 1997 (<i>started in 1992</i>)
TITLE of qualifications awarded	PhD in Cellular and Molecular Medicine
Principal subjects / occupations covered	Doctorate thesis: "Changes of the Leukocyte Membranes in Cell Senescence Process" - under the coordination of Prof L.M. Popescu
Name and type of organ sat on providing education and training	"Carol Davila" University of Medicine and Pharmacy , 37 Domnești Lupu Street, Bucharest
	<i>Dates</i> 1994 (<i>started in 1990</i>)
TITLE of qualifications awarded	Confirmation Certificate for the 1st specialization in Internal Medicine
Principal subjects / occupations covered	Specialization in Internal Medicine
Name and type of organ sat on providing education and training	"Carol Davila" University of Medicine and Pharmacy , 37 Domnești Lupu Street, Bucharest
	<i>Dates</i> 1981-1987
TITLE of qualifications awarded	Medical Doctor
Principal subjects / occupations covered	Formation in General Medicine
Name and type of organ sat on providing education and training	"Carol Davila" University of Medicine and Pharmacy , 37 Domnești Lupu Street, Bucharest

PERSONAL SKILLS AND COMPETENCIES

Mother tongue(s) **Romanian**

Other language(s)

Self-assessment European level (*)	Understanding				Speaking				Writing	
	Listening		Reading		Spoken interaction		Spoken production			
	C1	Proficient user	C1	Proficient user	C1	Proficient user	C1	Proficient user	C1	Proficient user
English	C1	Proficient user	C1	Proficient user	C1	Proficient user	C1	Proficient user	C1	Proficient user
French	C1	Proficient user	C1	Proficient user	C1	Proficient user	C1	Proficient user	C1	Proficient user

(*) [Common European Framework of Reference for Languages](#)

Personal traits and social skills **Open-minded, inquisitive and innovative, empathetic and intuitive – both in the clinical practice and the research & educational activities; entrepreneurial, cooperative, determined and solution-oriented in the managerial activities**

Organizational skills and competences **Strategic thinking, people & organizational leadership, project management, effective communication, constructive networking and negotiating to win-win - reflected in the extensive experience of successfully running organizations in diverse environments – public and private, national and international; within teams and across various networks**

Other competences and skills **Public speaking – both in conferences, courses, official meetings and in media appearances**

Computer skills and competences Experienced PC user – familiar with Windows, MS Office (Word, Excel, PowerPoint) and with Internet based communication platforms

ADDITIONAL INFORMATION

Acknowledged Expertise in Healthy Aging:

Appointed as an Expert by the EU Commission and the National Authorities

- i) Acting as evaluator & rapporteur for project applications under EU various calls since 2003
 - 1) 2015-2020: International Expert and projects evaluator under H2020 – PHC and MSCA 2015-2020 calls
 - 2) 2014: International Expert and projects evaluator under H2020 – PHC 24 and MSCA-2014 calls; invited to act as Vice-chair for ethical reviews during the MSCA-IF-ST-2014
 - 3) 2010-2013: International Expert and projects evaluator under FP7 –Health - 2011-2013 calls
 - 4) 2012 - present: International Expert and projects evaluator, EUREKA's Eurostars Programme, EC
 - 5) 2012: International Expert "Study on business and financing models related to ICT for ageing well" Focus Group – Brussels
 - 6) 2009: International Expert and projects Assessor of EC FP7-KBBE KBBE-4, "Bioscience, Agriculture and Food", Unit E.3: Food - Health -Well-Being
 - 7) 2005: International Expert and projects Assessor for research project financed by CE, in FP6-2005-SSP-5- A "Policy Aspects of Research & Sustainable Development"
- ii) Appointed and acting as the President of Special Consulting Committee of Geriatrics-Gerontology for the Romanian Ministry of Health since 2009 until 2017
- iii) Offered to give several scientific conferences and working meetings on Healthy Aging
 - 1) 2012: Delegate of the National Authority for Scientific Research to the European Innovation Partnership on Ageing and Healthy Ageing. From Plan to Action, [EIPAHA] Brussels, April 3, 2012
 - 2) 2012: Special Delegate and representative of the National Authority for Scientific Research (ANCS) for Public Consultation on Romanian participation to the First European Innovation Partnership on Ageing and Healthy Ageing; ANCS, Bucharest, Romania; 20 Jan 2012
 - 3) 2011: Romanian representative/delegate of the European Research Area in Ageing, 9th ERA-AGE Forum Meeting
 - 4) 2002 - Delegate of the Romanian Foreign Affairs Ministry for UNECE, the Regional Ministerial Conference on Ageing, Sept 2002, Berlin, Germany
 - 5) 2002- Delegate of the Romanian Foreign Affairs Ministry at the Second World Meeting on Ageing (The 2nd World Assembly on Ageing), 9-12 April 2002, Madrid, Spain

Educating through media presence:

- 1) Between 2002-2004 moderated in total 116 TV shows of a weekly broadcast for medical education: "Physician in charge", at Antena1 TV.
- 2) Since 2009 participated in numerous TV and radio interviews and programs on topics related to healthcare, longevity, obesity, stress medicine, 3P Medicine.

Managerial Experience:

Coordinator of EU Funded Projects since 1996, for education, for research and for sharing knowledge (networking and patient support) purposes

1) Educational projects:

-) 1997-2001: Program Director and coordinator Tempus Phare ROMGER SJEP 12507, project created for the following objectives:
 - 1) obtain academic recognition of the Geriatrics-Gerontology specialty in Romania
 - 2) establish the first University College of Geriatrics, Gerontology and Social Assistance for Elders, within UMF "Caro Davila";
 - 3) develop the first Curriculum and Syllabus in Geriatrics, Gerontology and Psychogeriatrics within a European consortium including Geriatric Clinical Departments in Sweden, France, Greece, Spain, Italy and Israel
 - 4) establish the first University College of Geriatrics and Gerontology named "Ana Asan" Hospital, Otopeni, Romania.
-) 2010-2012: Coordinator and Curriculum/Syllabus developer, BrainAge project [Professor Training on New Medicine Technologies Related to Brain Ageing, for the Specialized Medical and Nursing Staff] POSDRU/81/3.2/S/46975

2) Research projects – acting as coordinator of the end-user organisation/ pilot centre:

-) 2006 – 2009: contributed to the development, assessment and validation of the ambient intelligence platform (Aim) developed by the K4CARE project [Knowledge-Based Homecare eServices for an Ageing Europe], IST-2004-026968 FP6-CE
-) 2006 – 2009: contributed to the development, assessment and validation of the solution developed by the SHARE-t project [Supported Human Autonomy for Recovery and Enhancement of cognitive and motor abilities using information technologies] IST-2005-2.6.2 FP6-CE
-) 2011 – 2013: contributed to the development, assessment and validation of the Ambient Assisted Living (AAL) solution for physical / cognitive impairment travelling person, developed by the Mobile eSage project; FP7-AAL-2010-3 [Situated Adaptive Guidance for the Mobile Elderly]
- v) 2012 – 2014: contributed to the development, assessment and validation of the Ambient Assisted Living (AAL) platform for elders, developed by the MOBILE.OLD project; AAL-Ca -4, [Home and on-the-go services advancing the Mobility of OLDER Persons]
- v) 2012 – 2015: contributed to the development, assessment, and validation of the Ambient Assisted Living (AAL) platform for elders, developed by the CONFIDENCE project; AAL-Ca - 4, [Mobility Safeguarding Assurance Services within Community Functionality for People with Dementia]
- v) 2014 – 2016: involved in the development, assessment and validation of the AAL platform for informal carers, developed by the CarerSupport project; AAL-2012-5-245, [Integrated Platform for Informal Carers Training, Teleconsulting and Collaboration]
- v) 2014 – 2016: involved in the development, assessment and validation of the AAL platform for people working in stressful environment, developed by the StayActive project; AAL-2012-5-245 [ICT-based Solutions for Supporting Occupation in Life of Older Adults]
- v) 2015-2018: MyMate project: AAL-2014-6 [Gated Collaboration Platform for the Promotion of Sustainable Care and Independent Assisted Living]
- x) 2015-2018: SeniorTV project: AAL-2014 [Providing ICT-based formal and informal care at home]
- x) 2016-2018: TSBank project: AAL-2015 [Mobile and Smart Bank for Active Aging]
- x) 2017- 2020: PETAL project: AAL-2016 [Ambient Assisted Living: intelligent lights to be used for the cognitive delay MCI patients, independent seniors, at home or in residential houses, out/in patients for Memory Clinics]
- x) 2018-2021: IOANNA project: AAL-2017 [Integration Of All stores Network and Navigation Assistant]
- x) 2018- 2021: Eat4Life project: AAL-2017 [Virtual Assistant for Seniors]
- xv) 2019: VirtuaAL project: AAL-2018 SCP [Virtual And Augmented Reality For Combating Cognitive Impairment]
- xv) 2019- 2022: FrAgile project: AAL-2018 [Platform for detecting frailty and falls]
- xv) 2019-2022: POSITIVE project: AAL-2018 [Personas zed Platform assisting seniors in health]

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- xv) 2019-2024: SMART BEAR EC H2020 Project [Smart Big Data Platform to Offer Evidence-based Personalized Support for Health and Independent Living at Home] - coordinator of the Romanian Project of 1,000 devices at home
 - xvi) 2020-2022: Can project: AAL-2019 [ICT-based assistant for everyday life]
 - xx) 2020-2023: ReMember-Me project: AAL-2019 [Smart assistant to prevent and detect cognitive decline, promote cognitive function and social inclusion among older adults]
 - xx) 2020-2022: Team2Share project: Erasmus+ [Integrated Training & Teaching for Learning further among Knowledge Sharing Across Generations]
 - xx) 2021: SI-FOOTWORK project: AAL-2021 [Smart Insole system For Older Workers to reduce back pain]
 - xx) 2020-2021: Kwid Memento project: Twinnng-Horizon 2020
 - xx) 2021-2024: [Increasing the research capacity and nationality / internationality of the Ana As an International Foundation (AAIF), including better promotion of the results]
 - xxv) 2022-2024: CARE UP project: AAL-2022 [Integrated Care Platform Based on the Monitoring of Older Individuals' Capacity for Incusus Health]
 - xxv) 2022-2024: AAL 4 All project: AAL-2022 [From Smart Home to Care Home]
 - xxv) 2024-2027: COMFORTAGE HORIZON-HLTH – 2023 – STAYHLTH - 01 Project [Prediction, Monitoring and Personalized Recommendations for Prevention and Relief of Dementia and Frailty]

3) Networking, sharing best practices and patient's support projects

- i) 2011 – 2013: funding member of the network, within Ageing Well project; CIP-ICT-PSP-2011-5 - Network for the Market uptake of ICT for Ageing Well
- ii) 2012 – 2014: involved in the development, assessment and validation of the ICT platform for patients with Parkinson's disease, developed by the LiveWell project; 527943-LLP-1-2012-1-PT-GRUNDTVIG-GMP [Promoting Health Living and Well-being for Parkinson Patients through Social Network and ICT Training]
- iii) 2013 – 2015: involved in the development, assessment and validation of the ICT platform for elders, developed by the E-NO FALLS project; ICT Policy Support Programme, Call : CIP-ICT-PSP-2012-6, [European Network for Fall Prevention, Intervention & Security]
- iv) 2020-2024: COST Action CA 19121 (GoodBrother: Network on Privacy-Aware Audio- and Video-Based Applications for Active and AssistedLiving) member of the Management Committee for Romania and leader of WG 3 - Audio-and video-based AAL applications
- v) 2020-2024: COST Action CA 19136 (NET4AGE-FRIENDLY: International Interdisciplinary Network on Smart Healthy Age-friendly Environments) member of the Management Committee for Romania and leader of WG 4 - SHAFE impact and sustainability: policy development, funding forecast and cost benefit evaluations
- vi) 2023-2027: COST Action CA 22103 (Net4Brain: A Comprehensive Network Against Brain Cancer) member of the Management Committee for Romania

Clinical Research Experience:

Principal investigator in numerous phase III and IV clinical trials; coordinator of Romanian representative center in large epidemiologic studies on AD; experience in preclinical studies

- i) 2019 – 2023: Principal investigator and coordinator for in the European research project RADAR-AD (Remote Assessment of Disease and Response – A zheimer's Disease) within IMI 2 (Innovative Medicines Initiative), Grant Nr. 806999, financed from H2020 R&D and EFPIA programs
- ii) 2011 – present: Principal Investigator in ongoing Phase III studies with new molecules in the treatment of mild-to-moderate AD
- iii) 2007 – 2011: Sponsor, coordinator and principal investigator of the Phase IV Extra observational clinical trial, "Evaluation of safety and efficacy of Memantine in moderate to severe vascular and Mixed Dementia", IIT no. 12975
- iv) 2007 – 2009: Romanian centre principal investigator of the clinical research study in GAD (General Anxiety Disorder) and MDD (Major Depressive Disorder) Takeda Lu AA21004_311; Takeda's Phase III GAD
- v) 2006 – 2008: Principal Clinical Investigator, AstraZeneca Clinical Study, Protocol 09270PSY3001, A Multicenter Randomized Parallel-Group Double-Blind Placebo-Controlled Phase 3 Study of Efficacy and Safety of Quetiapine Fumarate and Lithium as Monotherapy for up to 104 weeks Maintenance
- vi) 2002 – present: Coordinator and principal investigator of the Romanian EADC center, the research

- study ICTUS FP5-CE QLK6-CT-2002-02455 (Impact of Cholesterol Treatment Use)
- vii) 2002– present: Coordinator and principal investigator of the Romanian EADC center, the research study DESCRIPTA FP5-CE QLK6-CT-2002-02645 (Development of Screening Guidelines and Diagnostic Criteria for Predementia Alzheimer's Disease)
 - viii) 2005 – 2006: Principal Investigator, A Randomized Double-Blind Placebo Controlled, Parallel Group Study Evaluating Paclitaxel in the Prevention of Recurrence in Subjects With Schizophrenia, Johnson & Johnson, Protocol R09270PSY3001
 - ix) 2004 – 2006: Principal Investigator Clinical Study Parexel International, Contract no. 87129/30.05.2007
 - x) 2004 – 2006: Principal Investigator Observation Clinical Study “Executive”- Novartis, Contract no. F1V412/16.02.20041999: Principal Investigator Sintesab-Sanofi – Taprid effect on patients from ongoing studies with vascular dementia
 - xi) 1999: Principal Investigator in memory diseases for Pfizer-Esa ELSA, under the guidance of Prof. P. J. Ousset, Geriatrics and Gerontopsychiatry Hospital, Tououse, France
 - xii) 1996: Principal Investigator “Pulmonary and Liver Electroencephalogram and chronic toxication with organics substances”, Research Minister, Romania
 - xiii) 1992: Principal Investigator, Extracellular control of Calcium nucleation and growth control, Neurosciences Department, University of Medicine, Craiova

Editorial and reviewing experience:

Created a dedicated Journal to novelties in Brainaging (offline and online), in three languages and served in several editorial boards

- i) 2000 – present: Editor Brain Aging International Journal, English ISSN 1582-8352; in Romanian since 2003 ISSN 1582-8360; in Greek since 2008 ISSN 1844-9549
- ii) 2002 – Editor Book of Proceedings, Alzheimer's Disease and Related Disorders Research Advances – Alzheimer's Association ISBN: 9738641101
- iii) 2004 – present: Member of the Editorial Scientific Board of Middle East Journal of Age and Aging, ISSN 1449-8677
- iv) 2009 – present: Member of the Scientific Committee at MEDIC.RO
- v) 2009 – present: Member of the Editorial and Scientific Board at EPMA Journal

Educating through Scientific Events:

Organized and chaired local and international courses, trainings and workshops for more than 1,000 specialists (see the list of events in the Annexes)

Publications:

More than 20 books and chapters in specialty books as first author and co-author; more than 140 articles published in international reviews and in the books of proceedings; beyond 210 communications and posters at international scientific events (mentioned in the Annexes)

ANNEXES:

Annex 1: Organized Educational Events

Annex 2: Affiliations to Professional Organisations

Annex 3: Publications

Annex 1: Organized and / or chaired Educational Events:

1998-2001: Organizer of 6 European courses in Romania in the specialty of Geriatrics, Gerontology, Psychiatry, Social Assistance for Elders within the Interga Program Tempus Phare Romger S JEP 12507
2003, 5-8 October: Organizer, chair and main speaker, *The International Brain Aging Conference and Course*

2005 - 2006: Organizer, chair and main lecturer, *The International Training and Workshop in Memory Diseases*, in 3 modules:
Module I: Facts in Dementia Diagnosis and Therapeutic Approach Bucharest 21-03-2005 accredited by CMR with 28 CME.

Module II: Mild Cognitive Impairment versus Depression Bucharest 15.10.2005 accredited by CMR with 10 CME

Module III: The Management and Pharma economics of Memory Diseases Bucharest 07.10.2006 accredited by CMR with 10 CME 2006: Chair, the International Geneva/Spring Conference Symposium on Advanced in Alzheimer Therapy

2007: *International Training and Workshop for Memory Diseases - Memory Diseases Prevention* Bucharest, Parliament Palace, 05.05.2007, accredited by CMR with 8 CME

2007: Organizer, chair and main speaker, *International Training and Workshop for Memory Diseases - Depression and Dementia New Diagnostic Instruments in Geronto Neuro Psychiatry Particularities in Preventing and Treating the Memory Diseases* Bucharest, 22.09.2007, accredited by CMR with 18 CME

2008-2009: Organizer, chair and main lecturer during The International Training, "Prevention in Brain Aging", in 3 modules:

Module 1: The Brain Aging Prevention, 16 February 2008 Bucharest; accredited CMR with 12 CME

Module 2: A Healthy Brain Aging, 24 October 2008 Athens Greece, accredited by CMR with 8 CME

Module 3: The Ambient Assisted Living User Modeling - The Impact of Ambient Assisted Living technology for the long term care of Alzheimer's patients in cooperation with IST FP6 SHARE Project Consortium; 6 September 2009, Hotel Hilton, Bucharest, accredited by CMR with 8 CME.

2008: Chair, faculty member and invited speaker **Schizophrenia in the General Practitioner Office: are all patients schizophrenic?** European Masters in Aesthetic and Anti-Aging Medicine, Paris, France

2008-2009: Chair, 6th Scientific Pan Hellenic Conference of Alzheimer Disease and Related Disorders, 19.02-22.02.2009, Thessaloniki, Greece

2007 and 2008: Co-organizer and member in the scientific committee of the first and the second *International Conference in Gerontology*, Arad, Romania

2009: Workshop organizer at *The International Work Conference on Artificial Neural Networks (IWANN 2009) - Ageing Within the Knowledge Society (AKS)*, 10-12 June 2009, Salamanca, Spain

2009: Co-chair of the 6th Pan-Hellenic Conference on Alzheimer Diseases Research, 19-22 February 2009, **Thessaloniki, Greece**

2009: Organizer, sponsor, chair and speaker: The International Course and Workshop on Behavioral Aspects Related to the Ambient Assisted Living for Patients with Cognitive and/or Physical Disabilities: Bucharest, Nov. 28, 2009;

2009: Sponsor, chair and faculty member: *Confirming the diagnosis of early AD/MCI with biomarkers is clinically useful*; L. Spur; CONY

The 3rd World Congress on Controversies in Neurology, Oct. 8-11, 2009, Prague;

2009: Sponsor, chair and lecturer for the symposium: *The Holistic Approach of Mild Cognitive Impairment on Brain Aging*; Family Medicine first-line healthcare Conference, Oct 8-10, 2009, Brașov;

2010: Organizer, chairperson and lecturer at *The Geriatric Medicine Symposia - BRAIN AGING Hot Topics 2010*, October 21-22 Hotel Novotel, Bucharest;

2011: Seminar **Organizer:** "Prodromal cognitive decline in Alzheimer's and other dementias - understanding and management"; the 7th Pan-Hellenic Interdisciplinary Medical Conference on Alzheimer's Disease and related disorders, Thessaloniki, Greece 19.02.2011

2011: Chairperson **"The Importance of Nutrition and Nutrition Supplements in Brain Aging pathologies"**; June, 24-25, Iasi, Romania

2018: Chairperson and speaker at The 12th World Congress on Controversies in Neurology, March 22-25, 2018, Warsaw, Poland

2018-2023: **Organizer, chairperson and lecturer** at the 6 editions of **Stress Congress** (National Medical Conference with International participation), Bucharest, Romania: **19 - 21 April 2018; 31 Oct - 02 Nov 2019; 01 - 03 Oct 2020; 14 - 16 Oct 2021; 06 - 08 Oct 2022; 28 - 30 Sept 2023**

Annex 2: Affiliations to Professional Organizations

Founder Member national and international professional organizations:

2000: "Ana As an Internat ona" Foundation
2001: Ana As an Internat ona Academy of Aging
2000: Romanian Society of Neurosciences
2005: South-East European Society of Brain Aging

Professional Membership:

1992: European Society of Cellular Biology
1992: Romanian Foundation of Geriatrics and Gerontology
1993: European Society of Electron Microscopy
1994: The New York Academy of Sciences
1996: Immunology Romanian Society
1999: Alzheimer European Society
2000: Alzheimer American Society
2001: International Psychology Association (IPA)

2002: European Alzheimer's Disease Consortium (EADC)

2004: South-East European Countries Society in Brain Aging
2005: Faculty member, The World Society of Anti-Aging Medicine (WOSAAM)
2005: Faculty member, European Organization of Scientific Anti-Aging Medicine (ESAAM)
2005: Faculty member, European Masters in Aesthetic and Anti-Aging Medicine (EMAA) 2006: Who's Who in Science?
2007: Member 2015 Community-President for Romania
2008: European Federation of Neurology Societies (EFNS)
2008: Alzheimer's Association International Society to Advance Alzheimer Research and Treatment (ISTAART)
2008: National Representative for the European Association for Predictive, Preventive and Personalized Medicine (EPMA)
2008: Alzheimer Disease International (ADI)
2008: Aging Well in the Knowledge Society (AKS)
2009: Faculty member, European Movement Disorders Society
2010: AGE Platform Europe Project scientist for supporting the European Charter of Rights and Responsibilities of Older People in Need of Long-term Care and Assistance
2010: The Alzheimer Europe Working Group on Assistive Technology for People with Dementia
2015: MOU between the Naresuan and Bangkok School of Medicine and The AAIF for the Knowledge transferee of Syphilis and Cervical Cancer -Gerontology, Old Age Psychiatry and Longevity Medicine
Member of the editorial board of Singapore Best Publications in my field of interest Member of the Asia-Pacific group of investors in the fields of my expertise

First Author:

- 1 L. Sp ru, I. Romosan, A. C oca teu, Gerontonefro ogy, Teora, 1998
- 2 L. Sp ru, I. Romosan, I.C. S nescu, I. Popescu, Gerontogastroentero ogy, Teora, 1999
- 3 Lu za Sp ru, Bruno Ve as, P erre Jean Ousset, Observat on Book for the Pat ents w th A zhe mer D sease”, F rst Ed t on, “Caro Dav a” Un vers ty of Med c ne and Pharmacy Pub sh ng House, 2000
- 4 Lu za Sp ru, Bruno Ve as, P erre Jean Ousset,”Observat on Book for the Pat ents w th A zhe mer D sease”, Second Ed t on,“Caro Dav a” Un vers ty of Med c ne and Pharmacy Pub sh ng House, 2000
- 5 Lu za Sp ru, Bruno Ve as, P erre Jean Ousset, C n ca Tests n A zhe mer D sease, 1st Ed t on, “Caro Dav a” Un vers ty of Med c ne and Pharmacy Pub sh ng House, 2001
- 6 Lu za Sp ru, Ioan Romosan, Treat se on Ger atr cs, Vo . I, So ness T m soara, 2002
- 7 Lu za Sp ru, Ioan Romosan, Treat se on Ger atr cs, Vo . II, So ness T m soara, 2002
- 8 Lu za Sp ru, Ioan Romosan, Treat se on Ger atr cs, Ana As an Internat ona Academy of Ag ng, Bucharest, 2004
- 9 Lu za Sp ru, Ioan Romosan, Interd sc p nary Aspects on Rena and D gest ve D seases, Ana As an Internat ona Academy of Ag ng, 2004
- 10 Lu za Sp ru, Gu debook on Memory D seases Management, 2006 ISBN 973 8611 4 4 2006
11. “**GERIATRIC TREATISE an integrative, predictive and personalized approach; Longevity Medicine**”, under the coordination of Prof. Luiza Spiru, with the contribution of more than 30 Romanian specialists - 2018, CD-ROM version, ISBN 978-973-86411-6-7
- 12 Curr cu um and Sy abus n Ger atr c Med c ne, accord ng to the Roman an M n stry of Hea th Ord nance1041/2010
- 13 Gu de for good med ca pract ce n Ger atr cs and Geronto ogy nc ud ng two annexes: The Ger atr c Assessment and the Med ca Observat on Form w th a Comprehens ve Assessment n Ger atr cs and O d Age Psych atry, approved by the Roman an M n stry of Hea th Ord nance No1454/30.11.2010
- 14 Curr cu um and Sy abus for med ca pract toners n Ger atr cs and Geronto ogy, accord ng to Roman an M n stry of Hea th dec s on No VIIId/47526/16.08.2010
- 15 Core Curr cu um and Sy abus n Ger atr cs, Geronto ogy and O d Age Psych atry for the Fam y Med c ne and Genera Pract toners, accord ng to the Roman an M n stry of Hea th dec s on
- 16 Curr cu a and Sy abus n E der y Home Hea th Care accord ng to the dec s on of the Nat ona Comm ttee of Ger atr cs and Geronto ogy, Roman an M n stry ofHea th.
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- 82 The Hostile Approach of the Mild Cognitive Impairment (MCI) n the context of the pathology of dementia prevention. Normal versus pathological changes in Bra n Ag ng, Lu za Sp ru, "The Family Medicine first line in the medical caring" Conference, Bra n, 10.10.2009
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- 92 One year of economic crises one year of depression. Keys n protect ng our bra n from the outs de factors of pressure. Press conference, Lu za Sp ru, November 17, 2009, Marriott Hotel, Bucharest, Romania

- 93 The Internatona Course and Workshop on Boethia Aspects Related to the Ambient Assisted Living for Patients with Cognitive and Physical Disabilities: L. Spiru., Bucharest, Nov.28, 2009. Organizer, sponsor, speaker.
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- 102 Perspectives on the European Health Policies. Opportunities and Challenges for the Central European Countries. Romanian Health Forum, April 12, 2010, Brussels, Belgium
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- 190 Non-drug interventions in MCI and Dementia: Neuropsychological care-rehabilitation: Mona Bacot, L. Spru, EFNS, 10-13 September 2011, Budapest, Hungary. Oral communication.
- 191 Predictive, Preventive and Personalized Medicine in Neurodegenerative Diseases: L. Spru. The European Association for Predictive, Preventive and Personalized Medicine World Congress (EPMA). 15-18 September 2011, Bonn, Germany. Specialized Session.
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- 197 Patient assessment in the older people with severe dementia - a Romanian observational study, I. Ioancio, I. Turcu, L. Spru, C.anca. Traian Alzheimer's Disease, CTAD, 3-5 Nov. 2011, San Diego, CA, USA. Oral communication.
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- 199 Alzheimer Disease and Changes in Romania, R.I. Trascu, L. Spru, XXth World Congress of Neurology, WCN, Nov. 12-17, Marrakesh, Morocco. Poster.
- 200 Brain Ageing Integrative Education and Research Network EU Education Projects Model Results, 9th ERA AGE Forum Meeting, European Research Area in Ageing, Bucharest, Romania, 28 November 2011
- 201 Does early diagnosis add value for the patients with neurodegenerative diseases? Scientific debate: Yes: Liza Spru, Romania; No: Roger Bock, UK; 6th World Congress on Controversies in Neurology, Vienna, Austria, March 8-11, 2012. Oral communication, invited speaker.
- 202 Structured Adaptive Guidance for the Mobile Elderly - The MobileSage project - UEFISCDI, AAL InfoDay, Bucharest,

- Romania, 06.04.2012. Ora comună cu invitat speaker.
- 203 BRAINAGING Integrative Education – A Project Proposal in the framework of EIP AHA 2011, EADC, Stockholm, 8-9.05.2012. Ora comună cu invitat speaker.
- 204 Smart assistive technology for improving seniors' indoor and outdoor mobility – The MobileSage project; Laza Spur, Alexandru Sterea, Ace Petrescu, Gratea Bacău, Monica Bacău, Raluca Moraru, Mariana Martin, Mirela Marzan, Ileana Turcu, 22nd Alzheimer Europe Conference "Changing perceptions, practice and policy", Vienna, 4-6 October 2012. Ora comună cu invitat speaker.
- 205 The importance of cardiovascular risk factors for Alzheimer's dementia; Gratea Bacău, Alexandru Sterea, Ace Petrescu, Laza Spur, 22nd Alzheimer Europe Conference "Changing perceptions, practice and policy", Vienna, 4-6 October 2012. Poster
- 206 Extrapiramidal syndrome in MCI – a rarity?; Ace Elena Petrescu, Gratea Maria Bacău, Stefan Alexandru Sterea, Laza Spur, 22nd Alzheimer Europe Conference "Changing perceptions, practice and policy", Vienna, 4-6 October 2012. Poster
- 207 Pain and depression in MCI patients cognitive rehabilitation; Monica Bacău, Laza Spur, 22nd Alzheimer Europe Conference "Changing perceptions, practice and policy", Vienna, 4-6 October 2012. Poster
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- 211 Stress has a causative role in AD and mild cognitive impairment (MCI); Laza Spur, Roger Bock; CONY 2013, Istanbul, 11-14 April 2013. Invitat speaker.
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- 213 Smart technologies for active seniors – The Mobile Old app; L. Spur, I. Turcu, A. Sterea, AAL Forum 2014; 10-12.09.2014, Bucharest. Poster
- 214 The contribution of Ana Aslan International Foundation as medical partner end user organization and projects local coordinator AAL Forum 2014 Side event: Ambient Assisted Living development in Romania; L. Spur, I. Turcu, A. Sterea, L. Manes; Bucharest; 12.09.2014. Invitat speaker.
- 215 Testing Innovative E Health solutions in Romania; L. Spur, I. Turcu, A. Sterea, L. Manes; Plenary Session A1 – Reaching out new markets, AAL Forum 2014 in Bucharest; 10.09.2014. Invitat speaker.
- 216 Strengthening Self Management of Stress in Older Workers through Advanced Technology Apps: The StayActive Project; Laza Spur, Mădălina Ureche, Ileana Turcu, Inmaculada Luengo, Mădălina Deraz, Diego Fuentes, Daniel Banco, Nitin Thakrar & members of StayActive consortium. Medicine & Technology 2015 Luxembourg, 22-24.04.2015. Invitat speaker.
- 217 How can Innovative Technology Help Overcome the Physical Limitations? Annual Rheumatology Symposium, Crete, 23-26.04.2015. Invitat speaker.
- 218 Authors: Maria-Cosmina Niculescu, Anca Popa, Ioana Ioanco, Laza Spur.. Poster: "Case Management Regarding an Emergency Patient with Acute Psychotic Episode, Mild Cognitive Impairment, Moderate Depressive Syndrome and Multiple Associated Pathologies." Manifestare=Eveniment: A 5th Congress National de Psihiatrie si Psirologie Contemporane. 12-15 October 2017 – Centru Internațional de Conferințe, Sinaia, Romania.

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- 220 Authors: Liza Spuru, Victoria Ion, Ruxandra Ioana Tudorancea, Cristina Pascari, Ioana Ioanco, Florina Cristescu. Poster: „The usefulness of biomarkers in the diagnosis of the neurocognitive disease type.” Monitorizare: A 5 ianuarie Congres Național de Psihoterapie cu participarea Internațională a cu tema: Psihoterapie românească și nevroșocia contemporană. 12-15 octombrie 2017 Centru Internațional de Conferințe, Sinaia, România
- 221 Authors: Adriana Manea, Maria Haele Marinescu, Ioana Ioanco, Liza Spuru. Poster: „Prevention, Prediction, and Personization Key Elements in Approach to a Geriatric Patient with Mild Cognitive Impairment (MCI) Associated with Cardiovascular and Metabolic Risk Factors”. Eveniment: A 5 ianuarie Congres Național de Psihoterapie cu participarea Internațională a cu tema: Psihoterapie românească și nevroșocia contemporană. 12-15 octombrie 2017 Centru Internațional de Conferințe, Sinaia, România.
- 222 Authors: Alexandra Manea, Diana Aconescu, Diana Voraelion, Ioana Ioanco, Liza Spuru.. Poster: “The role of the multidisciplinary team in a patient with rheumatoid arthritis and neurocognitive disease of mixed etiology”. Eveniment: A 5 ianuarie Congres Național de Psihoterapie cu participarea Internațională a cu tema: Psihoterapie românească și nevroșocia contemporană. 12-15 octombrie 2017 Centru Internațional de Conferințe, Sinaia, România.
- 223 Authors: Nicuescu Cosma, Manea Adriana, Marinescu Maria Haele, Pascari Cristina, Racoreanu Ana, Sterea Alexandru Stefan, Ioana Ioanco, Liza Spuru.. Poster: "Cuantificarea durerii în forme severe și boala Alzheimer - avantajele dezavantajelor și de eva uare“. Eveniment: Conferința Națională Alzheimer 2017 cu participarea Internațională. Edita a 7-a, Actuata în domeniul demențelor. 22-25 februarie 2017 Wibrook Platform Business & Convention Center, București, România.
- 224 Authors: Adriana Manea, Ioana Ardare, Maria Haele Marinescu, Ruxandra Tudorancea, Ioana Ioanco, Roxana Maria Popescu Moraru, Stefan Alexandru Sterea, Liza Spuru.. Poster: “Evaluarea pacientului postoperativ cognitiv și împarățiment”. Eveniment: Congresul Unversitat de Medicina și Farmacie „Carol Davila” București, Edita a 5-a, 29-31 martie 2017 Parătu Paralelă, București, România.
- 225 Authors: Alexandra Dăconescu, Alexandra Constantini, Oana Druga, Ioana Ioanco, Liza Spuru.. Poster: „Sindromul greutății controale terapeutică a pacientului agностic cu stres profesional cronnic.“ Eveniment: Stress Congres 2018. Primă ediție a Congresului național cu participarea internațională : Abordarea multidisciplinară integrată a stresului. Soții novatoare în medica persona zată. 19-21 aprilie 2018. Parătu Paralelă, București, România.
- 226 Authors: Maria Haele Cosma Neluescu, Maria Haele Marinescu, Ion Gheorghe Totoianu, Ana Maria Doscan, Ioana Ioanco, Leana Turcu, Liza Spuru. Ora prezentare: “Deficitul cognitiv și a pacientului vîrstnic”. Eveniment: Conferință Mușă din cadrul Cheia a succesului în diagnosticul, tratamentul și educația pacientului. 25-26 ianuarie 2018, Pentagon Events, București, România
- 227 Authors: Ana Maria Doscan, Maria Haele Cosma Neluescu, Adriana Manea, Ioana Ioanco, Liza Spuru. Ora prezentare: „Anemia și deficitul neurocognitiv și vîrstnic“. Eveniment: Conferință Mușă din cadrul Cheia a succesului în diagnosticul, tratamentul și educația pacientului. 25-26 ianuarie 2018, Pentagon Events, București, România.
- 228 Authors: Ioana Ioanco, Ana Maria Doscan, Maria Haele Cosma Neluescu, Maria Haele Marinescu, Diana Ionescu, Adriana Verea, Alexandru Cădu Ioanco, Tatiana Maxim, Liza Spuru.. Ora prezentare: „Impactul stresului psihologic a pacientului cu boala hemoroidală și deficitul cognitiv“. Eveniment: Stress Congres 2018. Primă ediție a Congresului național cu participarea internațională : Abordarea multidisciplinară integrată a stresului. Soții novatoare în medica persona zată. 19-21 aprilie 2018. Parătu Paralelă, București, România.
- 229 Authors: Ioana Ioanco, Maria Haele Cosma Neluescu, Tatiana Maxim, Ana Maria Doscan, Liza Spuru.. Poster: „Efectele rezervelor de agnosție la demență. Alergările în reația pacientului familiar și apărătorul său în fața echipei medicală în managementul cazului“. Eveniment: Conferință Națională Alzheimer 2018 cu participarea Internațională a cu tema: Psihoterapie românească și nevroșocia contemporană. 12-15 octombrie 2018 Centru Internațional de Conferințe, Sinaia, România.

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- 230 Authors: A exandra Mar e a D aconescu, Adr ana Manea, Ioana Ioanc o, Lu za Sp ru. Poster: "Infamaţia s tem că factor agravant în evo uţ a Dementă t p A zhe mer (DTA)".. Event: Confer nta Naţ ona ā A zhe mer 2018 cu part c pare nternat ona a, Ed t a a 8 a, Actua tat n domen u demente or, 21 24 Februar e 2018, W brook P at num Bus ness&Convent on Center, Bucureş , Roman a.
- 231 Authors: : D ana V ore a Ion, S mona An s a Popa, Ioana Ioanc o, Lu za Sp ru.. Poster: "Interre aţ a d ntre agent nfecţ os , neurodegenerescenţă ş Dementă A zhe mer. Stud u de caz". Event: Confer nta Naţ ona ā A zhe mer 2018 cu part c pare nternat ona a, Ed t a a 8 a, Actua tat n domen u demente or, 21 24 Februar e 2018, W brook P at num Bus ness&Convent on Center, Bucureş , Roman a.
- 232 Authors: M hae a Cosm na N cu escu, E ena Je er, Ioana Ioanc o, Lu za Sp ru. Poster: "Eva uarea Durer de T p Lomba g e a Vârstn c D agnost caţ cu Tu burăr Neurocogn t ve ce Asoc ază Anx etate ş /sau S ndrom Depres v /Eva uat ng and Manag ng Low Back Pa n n E der y D agnosed w th Neurocogn t ve D sorders that are assoc ated w th Anx ety and/or Depress ve D sorders". Event: Confer nta Naţ ona ā A zhe mer 2018 cu part c pare nternat ona a, Ed t a a 8 a, Actua tat n domen u demente or, 21 24 Februar e 2018, W brook P at num Bus ness&Convent on Center, Bucureş , Roman a.
- 233 Authors: Ioana Ioanc o, Ana Mar a Doscan, M hae a Cosm na N cu escu, Lu za Sp ru. Poster: Mu t d sc p nary Approach of the Non a cohoh Fatty L ver D sease Management as a Card ovascu ar R sk Factor n the Convers on of M d Cogn t ve Impa rment to Neurodegenerat ve D sease/ Abordarea mu t d sc p nară a managementu u f catu u gras non a coo c ca ş r sc card ovascu ar în convers a def c tu u cogn t v ejer către boa ţ neurocogn t va Event: Confer nta Naţ ona ā de Ps h atr e 2018, Ed t a a XII a T m şoara 16 18 ma 2018.
- 234 Authors: Ioana Ioanc o, Ana Mar a Doscan, M hae a Cosm na N cu escu, M ha N co au, D ana Ion, Adr ana Ve ea, A exandru C aud u Ioanc o, Tat ana Max m, Lu za Sp ru. Ora presentat on „Impactu stresu u ps ho og c a pac et cu bo a hemoro da ţ def c t cogn t v ejer". Event: Stress Congres 2018. Pr ma ed ţ e a Congresu u Nat ona cu part c pare nternat ona ā : Abordarea mu t d sc p nară ş ntegrat vă a stresu u . So uţ novatoare în med c na persona zată. 19 21 apr e 2018 Pa atu Par amentu u Bucureş ,Român a.
- 235 Authors: Adr ana Manea, Came a V sa on, Ana Mar a Doscan, Lu za Sp ru. Poster: „Interventia chirurgica, stres operator important pentru evo ut a bo neurocogn t ve". Event: Stress Congres 2018. Pr ma ed ţ e a Congresu u Nat ona cu part c pare nternat ona ā : Abordarea mu t d sc p nară ş ntegrat vă a stresu u . So uţ novatoare în med c na persona zată. 19 21 apr e 2018 Pa atu Par amentu u Bucureş , Român a
- 236 Authors: M hae a Cosm na N cu escu, Lu za Sp ru. Poster: „Evo ut a demente de t p A zhe mer a un pac ent cunoscut cu tu burare de stress post traumati c (PTSD) cron ca". Event: Stress Congres 2018. Pr ma ed ţ e a Congresu u Nat ona cu part c pare nternat ona ā : Abordarea mu t d sc p nară ş ntegrat vă a stresu u . So uţ novatoare în med c na persona zată. 19 21 apr e 2018 Pa atu Par amentu u Bucureş , Român a.
- 237 Authors: A exandra Constant n, Oana Druga, Ioana Ioanc o, Lu za Sp ru. Poster: „Impactu suportu u fam a ş a ngr j r or pa at ve în evo uţ a pac entu u cu A zhe mer." Event: Confer nta Nat ona a A zhe mer 2019 cu part c pare nternat ona a, Ed t a a 9 a, Actua tat n domen u demente or. 20 23 Februar e 2019. W brook P at num Bus ness&Convent on Center, Bucureş , Roman a.
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- 239 Authors: M hae a Cosm na N cu escu, E ena Je er, A na Stochec , Came a V sa on, V o eta Ion, Ioana Ioanc o, Lu za Sp ru. Poster: "Prezentare de Caz C nc: Impactu De r um u u Acut Postoperator a o Pac entă D agnost cată cu Tu burare Neurocogn t vă de Et o og e Degenerat vă". Event: Confer nta Nat ona a A zhe mer 2019 cu part c pare nternat ona a, Ed t a a 9 a, Actua tat n domen u demente or. 20 23 Februar e 2019. W brook P at num

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- 240 Authors: Alexandra Constantinescu, Oana Druga, Ioana Ioanco, Liza Spuru. Poster: „Impactul psihosomatică și neurocognitivă a stresului emoțional.” Event: Stress Congress 2019: Stress and its consequences. 31 October – 2 November 2019. Participant, presentation, C.A.Rosett, Bucharest, Romania.
- 241 Authors: Maria Haele Cosmaneacu, Alexandra Dăconescu, Elena Jeer, Irina Miron, Simona Buzate, Tatiana Maxim, Ana Maria Doscan, Ioana Ioanco, Liza Spuru. Poster: “Suportul familial, elementul predicator al evoluției tulburărilor neurocognitive la pacientii geriatrici.” Event: Stress Congress 2019: Stress and its consequences. 31 October – 2 November 2019. Participant, presentation, C.A.Rosett, Bucharest, Romania.
- 242 Authors: Maria Haele Cosmaneacu, Alexandra Dăconescu, Elena Jeer, Irina Miron, Simona Buzate, Tatiana Maxim, Ana Maria Doscan, Ioana Ioanco, Liza Spuru. Poster: “Stressul înstării de sănătate asupra pacientilor cu fractură de coxofemur”. Event: Stress Congress 2019: Stress and its consequences. 31 October – 2 November 2019. Participant, presentation, C.A.Rosett, Bucharest, Romania.
- 243 Authors: Ioana Ioanco, Ana Maria Doscan, Maria Haele Cosmaneacu, Alexandru Ioanco, Adriana Manea, Maria Haele Manea, Tatiana Maxim, Ioana Ioanco, Ioana Acostante, Simona Dragoș, Maria Hanea, Liza Spuru. Oral presentation: “Profesia este securitatea cu cea mai mare probabilitate a neurodegenerației”. Event: Stress Congress 2019: Stress and its consequences. 31 October – 2 November 2019. Participant, presentation, C.A.Rosett, Bucharest, Romania.
- 244 Authors: L. Spuru, C. Păun, A. Sterea, M. Mărzan, A. Economou, I. Ţăvăreanu. Title: "Why Do Sensors Accept or Reject New Technologies? Towards Development of Sensors Oriented Technological Acceptance Mode" Event: The Fourth International Conference on Neuroscience and Cognitive Brain Information, Improving Efficiency User Experience on the Use of New Technologies for Independent Living 2019.
- 245 Authors: Spuru, L., Păun, C., Văcău, M., Voicu, A. Marzan M. Title: "Improving Efficiency User Experience on the Use of New Technologies for Independent Living". Event: CSCE'19 – The 2019 World Congress on Computer Science, Computer Engineering, & Applied Computing July 29-August 01, 2019
- 246 Authors: Liza Spuru. Oral presentation: "Decoding neurocognition. So what therapeutic value does it have?". Event: Stress Congress 2019: Stress and its consequences. 31 October – 2 November 2019. Participant, presentation, C.A.Rosett, Bucharest, Romania.
- 247 Authors: Liza Spuru. Presentation: "Sanatatea, sănătatea tehnologică și medicația de ongrevare: Manfestarea: Stress Congress 2019: Stress and its consequences. 31 October – 2 November 2019. Participant, presentation, C.A.Rosett, Bucharest, Romania.
- 248 Authors: Liza Spuru, Ioana Ioanco, Ana Maria Doscan. Oral presentation „Before the end of life in patients with Alzheimer's disease”. Event: 30th Alzheimer Europe Conference Dementia and changing world Online / 20-22 October 2020, Virtual Conference, Bucharest, Romania.
- 249 Authors: Ana Maria Doscan, Maria Haele Cosmaneacu, Alexandra Rasuceanu Dăconescu, Tatiana Maxim, Liza Spuru.. Poster: „Ethical Issues Considering Alzheimer's Disease. Diagnosis and Disposition in the Patient/Family/Caregiver Relationship. Case Management – the Role of the Multidisciplinary Team”. Event: 30th Alzheimer Europe Conference Dementia and changing world Online / 20-22 October 2020, Virtual Conference, Bucharest, Romania.
- 250 Authors: Ioana Ioanco, Ana Maria Doscan, Maria Haele Cosmaneacu, Liza Spuru. Poster: „Professional stress – a major risk factor in Alzheimer's disease”. Event: 30th Alzheimer Europe Conference Dementia and changing world Online / 20-22 October 2020, Virtual Conference, Bucharest, Romania.
- 251 Authors: Spuru L, Gospodinova N., Marzan M, Păun C, Văcău M, Voicu A., Title: POSITIVE*: A new approach to fighting one's times of COVID-19. Event: Stress Congress 2020 – allied health care, participatory international, education. Online.
- 252 Authors: Spuru L, Gospodinova N, Spuru Dakas D, Marinescu M, Bartomeu I, Coas F, Marzan M. Oral presentation The promise of virtual reality in elderly care: VRtuAAL* project results. Event: Stress Congress 2020 – allied health care, participatory international, education. Online.
- 253 Authors: L. Spuru, C. Păun, V. Gănnogău, E. Kouss, M. Popescu, I. Munoz, I. Vodoreeta, M. Văcău, M. Marzan, N.

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- 254** Authors: Lu za Sp ru. Ora presentat on * Eva uarea stressu u Moda tat tehn ce de eva uare; Tehn c de eva uare s ob ect vare a stresu u profess ona . Event: Stress Congress 2020 alii a ed t e, cu part c pare nternat ona a, ed t e On ne.
- 255** Authors: Lu za Sp ru. Ora presentat on: * Imbatran rea act va n era d g ta a" Event: Stress Congress 2020 alii a ed t e, cu part c pare nternat ona a, ed t e On ne.
- 256** Authors: Lu za Sp ru, Magda ena Ve c u, Vas s G annog ou, Evange os Kou s, Mar na Po ycarpou, Ido a Munoz, Itz ar V dorreta, Cosm na Pau , M rcea Marzan, Ne e Gospod nova, Oana Popo u, Andre Vo cu, Andreea Stamate. E poster: „IOANNA Techno ogy for he p ng o der adu ts to stay hea thy at home and safe when go ng aut". Event: Stress Congress 2020 alii a ed t e, cu part c pare nternat ona a, ed t e On ne.
- 257** Ma n Author: Ne e Gospod nova. Co Authors: Lu za Sp ru& M hae a Mar nescu & Dav d Sp ru Dakas & M rcea Marzan & Jose Ignas o Barto ome & Fe x Co as & M kke Gamme gaard & Magda Ve c u & Andre Vo cu & Cosm na Pau . E poster: PO1.06. The prom se of v rtua rea ty n e der y care: V rtuAAL* project resu ts. Event: the 30th A zhe mer Europe Conference #30AEC, Dement a n a chang ng wor d, per oada 20 22 oct. 2020, Bucureş , ed t a on ne, organ zată de A zhe mer Europe s Soc etatea Română A zhe mer
- 258** Ma n Author: Magda ena Ve c u. Co Authors: Lu za Sp ru & M rcea Märzan & Vas s G annog ou & Cosm na Pau & Oana Popo u & Ne e Gospod nova & Dav d Sp ru Dakas & Andre Vo cu & Andreea Stamate & Sot r a Moza E poster:PO1.07. The benef t of us ng ndoor techno ogy to decrease the comp ex effect of e der y soc a so at on. Event: the 30th A zhe mer Europe Conference #30AEC, Dement a n a chang ng wor d, per oada 20 22 oct. 2020, Bucureş , ed t a on ne, organ zată de A zhe mer Europe s Soc etatea Română A zhe mer
- 259** Ma n Author: Oana Popo u. Co Authors: Lu za Sp ru & M rcea Marzan. E poster:PO1.16. Smart B g Data Patform to Offer Ev dence based Persona zed Support for Hea thy and Independent L v ng at Home. Event: the 30th A zhe mer Europe Conference #30AEC, Dement a n a chang ng wor d, per oada 20 22 oct. 2020, Bucureş , ed t a on ne, organ zată de A zhe mer Europe s Soc etatea Română A zhe mer
- 260** Ma n Author: Andre Vo cu. Co Authors: Lu za Sp ru & Fab o Paterno & Mar o Manca & Ner sa Banaj & Max m an D ck. E poster: PO1.22. Impact of Ass st ve Techno og es on Cogn t ve Dec ne Among Sen or M d Cogn t ve Impa rment Pat ents. Event: the 30th A zhe mer Europe Conference #30AEC, Dement a n a chang ng wor d, per oada 20 22 oct. 2020, Bucureş , ed t a on ne, organ zată de A zhe mer Europe s Soc etatea Română A zhe mer
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